

# STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

***Get the tools, skills, and strategies to  
build stronger families in seven sessions!***

The goal of Strengthening Families Program: For Parents and Youth 10-14 is to prevent substance abuse in youth by building their skills and giving parents more tools to help their children become responsible young adults.

Email Alyssa Galarza for additional information: [agalarza@weld.gov](mailto:agalarza@weld.gov)

Follow the QR code to view upcoming sessions and sign up!



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