

# RFMA MAY LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <i>Banana Chocolate Chip Oatmeal Round Dried Fruit Fresh Banana</i>  <b>Chicken Fajitas Onions, Peppers Tortillas, Salsa Black Beans Orange Quarters</b>	2 <i>Pumpkin Bread String Cheese 100% Juice Applesauce Cup</i>  <b>Cheese Stuffed Breadsticks Marinara Dipping Sauce Mixed Veggies Cinnamon Apples</b>
5 <b>No School</b>	6 <i>Strawberry Cinnaboli 100% Juice Fresh Apple</i>  <b>Orange Chicken Brown Rice Steamed Carrots Cinnamon Apples</b>	7 <i>Lemon Poppyseed Bread String Cheese 100% Juice Fruit Cup</i>  <b>Meatballs in Marinara Garlic Knot Steamed Broccoli Fresh Banana</b>	8 <i>WG Cheerio Cereal Bar String Cheese Dried Fruit Fresh Banana</i>  <b>Crispy Chicken Sandwich Wheat Bun Buffalo Sauce Steamed Corn Orange Quarters</b>	9 <i>Banana Bread Vanilla Yogurt 100% Juice Applesauce Cup</i>  <b>Ham &amp; Cheese Sandwich Deli Ham Sliced Provolone Celery Sticks Ranch Dip Seasonal Fruit</b>
12 <i>WG Cocoa Puff Cereal Bar String Cheese 100% Juice Fresh Green Apple</i>  <b>Creamy Swedish Meatballs Buttered Noodles Steamed Broccoli Cinnamon Apples</b>	13 <i>Cheerios Bowl String Cheese Dried Apples Fresh Orange</i>  <b>Chicken Burrito Bowl Rice, Pinto Beans Cheddar Cheese, Salsa Strawberry Mango Sidekick</b>	14 <i>Mini Bagels w/Strawberry Cream Cheese 100% Juice Applesauce Cup</i>  <b>Cheese Calzone Marinara Dipping Sauce Steamed Peas Cinnamon Peaches</b>	15 <i>Cinnamon Roll Dried Fruit Fresh Banana</i>  <b>Chicken Nuggets &amp; Waffles Syrup Steamed Carrots Orange Quarters</b>	16 <i>Apple Cinnamon Bread 100% Juice Fruit Cup</i>  <b>Grilled Cheese Steamed Corn Cinnamon Apples</b>
19 <i>WG Cheerio Cereal Bar 100% Juice Fresh Apple</i>  <b>Meatball Sub Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup</b>	20 <i>Maple Waffle Dried Apples Fresh Orange</i>  <b>Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple</b>	21 <i>Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches</i>  <b>Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples</b>	22 <i>Apple Cinnamon Oatmeal Round Dried Fruit Fresh Banana</i>  <b>Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters</b>	23 <b>Last Day of School</b> <i>Pumpkin Bread String Cheese 100% Juice Applesauce Cup</i>  <b>Turkey &amp; Cheese Croissant Deli Turkey Sliced Cheddar Celery Sticks Ranch Dip Applesauce</b>
26 <b>Memorial Day</b>	27	28	29	30

**\*This institution is an equal opportunity provider.**

**\*\*All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.**

**\*\*\*This menu is subject to change based on item availability**

**\*\*\*\*Shelf stable meal kits available upon request.**

**Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.**