| RFMA FEBRUARY MENU |
| --- |
| 2025 |
| Nam id velit non risusonsequat iaculis. |

| Monday | Tuesday | Wednesday | Thursday | Friday |
| --- | --- | --- | --- | --- |
| 3 | 4 | 5 | 6 | 7 |
| *WG Cocoa Puff Cereal Bar 1ea*  *100% Juice*  *Fresh Apple*  **Breakfast Burrito**  **Scrambled Eggs**  **Cheddar Cheese, Salsa**  **Hash Browns**  **Blue Raspberry Sidekick** | *Maple Waffle*  *Dried Apples*  *Fresh Orange*  **Chicken Nuggets**  **Buttermilk Biscuit**  **BBQ Sauce**  **Steamed Carrots**  **Green Apple** | *Vanilla Yogurt*  *Honey Granola*  *100% Juice*  *Sliced Peaches*  **Beef Meat Sauce**  **Rotini Pasta**  **Steamed Broccoli**  **Cinnamon Peaches** | *Banana Chocolate Chip Oatmeal Round*  *Dried Fruit*  *Fresh Banana*  **Chicken Fajitas**  **Onions, Peppers**  **Tortillas, Salsa**  **Black Beans**  **Orange Quarters** | *Pumpkin Bread*  *String Cheese*  *100% Juice*  *Applesauce Cup*  **Cheese Stuffed Breadsticks**  **Marinara Dipping Sauce**  **Mixed Veggies**  **Cinnamon Apples** |
| 10 | 11 | 12 | 13 | 14 |
| *Strawberry Cinnaboli*  *100% Juice*  *Fresh Apple*  **Turkey Hot Dog**  **Wheat Bun, Ketchup**  **Baked Beans**  **Fruit Cup** | *Cocoa Puffs Bowl*  *Dried Apples*  *Fresh Orange*  **Orange Chicken**  **Brown Rice**  **Steamed Carrots**  **Cinnamon Apples** | *Lemon Poppyseed Bread*  *String Cheese*  *100% Juice*  *Fruit Cup*  **Meatballs in Marinara**  **Garlic Knot**  **Steamed Broccoli**  **Fresh Banana** | *WG Cocoa Puff Cereal Bar 1ea*  *String Cheese 1ea*  *Dried Fruit*  *Fresh Banana*  **Crispy Chicken Sandwich**  **Wheat Bun**  **Buffalo Sauce**  **Steamed Corn**  **Orange Quarters** | **No School** |
| 17 | 18 | 19 | 20 | 21 |
| **President’s Day** | *WG Cocoa Puff Cereal Bar 1ea*  *String Cheese 1ea*  *100% Juice*  *Fresh Green Apple*  **Chicken Burrito Bowl**  **Rice, Pinto Beans**  **Cheddar Cheese, Salsa**  **Strawberry Mango Sidekick** | *Mini Bagels w/Strawberry Cream Cheese*  *100% Juice*  *Applesauce Cup*  **Cheese Calzone**  **Marinara Dipping Sauce**  **Steamed Peas**  **Cinnamon Peaches** | *Cinnamon Roll*  *Dried Fruit*  *Fresh Banana*  **Chicken Nuggets & Waffles**  **Syrup**  **Steamed Carrots**  **Orange Quarters** | *Apple Cinnamon Bread*  *100% Juice*  *Fruit Cup*  **Grilled Cheese**  **Steamed Corn**  **Cinnamon Apples** |
| 24 | 25 | 26 | 27 | 28 |
| *WG Cocoa Puff Cereal Bar 1ea*  *100% Juice*  *Fresh Apple*  **Meatball Sub**  **Marinara Sauce**  **Hoagie Roll**  **Steamed Carrots**  **Fruit Cup** | *Maple Waffle*  *Dried Apples*  *Fresh Orange*  **Breakfast Sandwich**  **Buttermilk Biscuit**  **Egg Patty**  **Cheddar Cheese**  **Hash Browns**  **Fresh Green Apple** | *Vanilla Yogurt*  *Honey Granola*  *100% Juice*  *Sliced Peaches*  **Cheese Lasagna Roll Up**  **Romaine Salad**  **Ranch Dressing**  **Cinnamon Apples** | *Apple Cinnamon Oatmeal Round*  *Dried Fruit*  *Fresh Banana*  **Beef Soft Tacos**  **Cheddar Cheese**  **Tortillas, Salsa**  **Refried Beans**  **Orange Quarters** | *Pumpkin Bread*  *String Cheese*  *100% Juice*  *Applesauce Cup*  **Turkey & Cheese Croissant**  **Deli Turkey**  **Sliced Cheddar**  **Celery Sticks**  **Ranch Dip**  **Applesauce** |

|  |  |
| --- | --- |

***\*This institution is an equal opportunity provider.***

***\*\*All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

***\*\*\*This menu is subject to change based on item availability***

***\*\*\*\*Shelf stable meal kits available upon request.***

***Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.***