| RFMA FEBRUARY MENU  |
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| 2025 |
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| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3 | 4 | 5 | 6 | 7 |
| *WG Cocoa Puff Cereal Bar 1ea**100% Juice**Fresh Apple***Breakfast Burrito****Scrambled Eggs****Cheddar Cheese, Salsa****Hash Browns****Blue Raspberry Sidekick** | *Maple Waffle**Dried Apples**Fresh Orange***Chicken Nuggets** **Buttermilk Biscuit****BBQ Sauce****Steamed Carrots****Green Apple** | *Vanilla Yogurt**Honey Granola**100% Juice**Sliced Peaches***Beef Meat Sauce****Rotini Pasta****Steamed Broccoli****Cinnamon Peaches** | *Banana Chocolate Chip Oatmeal Round**Dried Fruit**Fresh Banana***Chicken Fajitas****Onions, Peppers****Tortillas, Salsa****Black Beans****Orange Quarters**  | *Pumpkin Bread* *String Cheese**100% Juice**Applesauce Cup***Cheese Stuffed Breadsticks****Marinara Dipping Sauce****Mixed Veggies****Cinnamon Apples** |
| 10 | 11 | 12 | 13 | 14 |
| *Strawberry Cinnaboli**100% Juice**Fresh Apple***Turkey Hot Dog****Wheat Bun, Ketchup****Baked Beans****Fruit Cup** | *Cocoa Puffs Bowl**Dried Apples**Fresh Orange***Orange Chicken****Brown Rice****Steamed Carrots****Cinnamon Apples** | *Lemon Poppyseed Bread**String Cheese**100% Juice**Fruit Cup***Meatballs in Marinara****Garlic Knot****Steamed Broccoli****Fresh Banana** | *WG Cocoa Puff Cereal Bar 1ea**String Cheese 1ea**Dried Fruit**Fresh Banana***Crispy Chicken Sandwich****Wheat Bun****Buffalo Sauce****Steamed Corn****Orange Quarters** | **No School** |
| 17 | 18 | 19 | 20 | 21 |
| **President’s Day** | *WG Cocoa Puff Cereal Bar 1ea**String Cheese 1ea**100% Juice**Fresh Green Apple***Chicken Burrito Bowl****Rice, Pinto Beans****Cheddar Cheese, Salsa****Strawberry Mango Sidekick** | *Mini Bagels w/Strawberry Cream Cheese**100% Juice**Applesauce Cup***Cheese Calzone****Marinara Dipping Sauce****Steamed Peas****Cinnamon Peaches** | *Cinnamon Roll**Dried Fruit**Fresh Banana***Chicken Nuggets & Waffles****Syrup****Steamed Carrots****Orange Quarters** | *Apple Cinnamon Bread**100% Juice**Fruit Cup***Grilled Cheese****Steamed Corn****Cinnamon Apples** |
| 24 | 25 | 26 | 27 | 28 |
| *WG Cocoa Puff Cereal Bar 1ea**100% Juice**Fresh Apple***Meatball Sub****Marinara Sauce****Hoagie Roll****Steamed Carrots****Fruit Cup** | *Maple Waffle**Dried Apples**Fresh Orange***Breakfast Sandwich****Buttermilk Biscuit****Egg Patty****Cheddar Cheese****Hash Browns****Fresh Green Apple** | *Vanilla Yogurt**Honey Granola**100% Juice**Sliced Peaches***Cheese Lasagna Roll Up****Romaine Salad****Ranch Dressing****Cinnamon Apples** | *Apple Cinnamon Oatmeal Round**Dried Fruit**Fresh Banana***Beef Soft Tacos****Cheddar Cheese****Tortillas, Salsa****Refried Beans****Orange Quarters** | *Pumpkin Bread* *String Cheese**100% Juice**Applesauce Cup***Turkey & Cheese Croissant****Deli Turkey****Sliced Cheddar****Celery Sticks****Ranch Dip****Applesauce** |

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***\*This institution is an equal opportunity provider.***

***\*\*All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

***\*\*\*This menu is subject to change based on item availability***

***\*\*\*\*Shelf stable meal kits available upon request.***

***Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.***