

RFMA FEBRUARY MENU

2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Cocoa Puff Cereal Bar 1ea 100% Juice Fresh Apple Breakfast Burrito Scrambled Eggs Cheddar Cheese, Salsa Hash Browns Blue Raspberry Sidekick	4 Maple Waffle Dried Apples Fresh Orange Chicken Nuggets Buttermilk Biscuit BBQ Sauce Steamed Carrots Green Apple	5 Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches Beef Meat Sauce Rotini Pasta Steamed Broccoli Cinnamon Peaches	6 Banana Chocolate Chip Oatmeal Round Dried Fruit Fresh Banana Chicken Fajitas Onions, Peppers Tortillas, Salsa Black Beans Orange Quarters	7 Pumpkin Bread String Cheese 100% Juice Applesauce Cup Cheese Stuffed Breadsticks Marinara Dipping Sauce Mixed Veggies Cinnamon Apples
10 Strawberry Cinnaboli 100% Juice Fresh Apple Turkey Hot Dog Wheat Bun, Ketchup Baked Beans Fruit Cup	11 Cocoa Puffs Bowl Dried Apples Fresh Orange Orange Chicken Brown Rice Steamed Carrots Cinnamon Apples	12 Lemon Poppyseed Bread String Cheese 100% Juice Fruit Cup Meatballs in Marinara Garlic Knot Steamed Broccoli Fresh Banana	13 WG Cocoa Puff Cereal Bar 1ea String Cheese 1ea Dried Fruit Fresh Banana Crispy Chicken Sandwich Wheat Bun Buffalo Sauce Steamed Corn Orange Quarters	14 No School
17 President's Day	18 WG Cocoa Puff Cereal Bar 1ea String Cheese 1ea 100% Juice Fresh Green Apple Chicken Burrito Bowl Rice, Pinto Beans Cheddar Cheese, Salsa Strawberry Mango Sidekick	19 Mini Bagels w/Strawberry Cream Cheese 100% Juice Applesauce Cup Cheese Calzone Marinara Dipping Sauce Steamed Peas Cinnamon Peaches	20 Cinnamon Roll Dried Fruit Fresh Banana Chicken Nuggets & Waffles Syrup Steamed Carrots Orange Quarters	21 Apple Cinnamon Bread 100% Juice Fruit Cup Grilled Cheese Steamed Corn Cinnamon Apples
24 WG Cocoa Puff Cereal Bar 1ea 100% Juice Fresh Apple Meatball Sub Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup	25 Maple Waffle Dried Apples Fresh Orange Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	26 Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples	27 Apple Cinnamon Oatmeal Round Dried Fruit Fresh Banana Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	28 Pumpkin Bread String Cheese 100% Juice Applesauce Cup Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Celery Sticks Ranch Dip Applesauce

**This institution is an equal opportunity provider.*

***All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.*

****This menu is subject to change based on item availability*

*****Shelf stable meal kits available upon request.*

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.