

RFMA JANUARY MENU

2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 New Year's Day	2 No School	3 No School
6 No School	7 No School	8 No School	9 <i>Breakfast Bar A</i> 100% Juice Dried Fruit Chicken Nuggets & Waffles Syrup Steamed Carrots Orange Quarters	10 <i>Apple Cinnamon Bread</i> 100% Juice Fruit Cup Grilled Cheese Steamed Corn Cinnamon Apples
13 <i>Breakfast Bar B</i> 100% Juice Fresh Apple Meatball Sub Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup	14 <i>Maple Waffle</i> Dried Apples Fresh Orange Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	15 <i>Vanilla Yogurt</i> Honey Granola 100% Juice Sliced Peaches Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples	16 <i>Apple Cinnamon Oatmeal Round</i> Dried Fruit Fresh Banana Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	17 <i>Pumpkin Bread</i> String Cheese 100% Juice Applesauce Cup Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Celery Sticks Ranch Dip Applesauce
20 Martin Luther King Jr. Day	21 <i>Strawberry Cinnaboli</i> 100% Juice Fresh Apple Grilled Hamburger Wheat Bun, Ketchup Baked Beans Cinnamon Peaches	22 <i>Lemon Poppyseed Bread</i> String Cheese 100% Juice Fruit Cup Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters	23 <i>Breakfast Bar A</i> Dried Fruit Fresh Banana Macaroni & Cheese BBQ Chicken Broccoli, Ranch Dip Fresh Green Apple	24 <i>Banana Bread</i> Vanilla Yogurt 100% Juice Applesauce Cup Mini Cheese Pizzabolis Marinara Dipping Sauce Steamed Peas Seasonal Fruit
27 <i>Breakfast Bar A</i> 100% Juice Fresh Green Apple Chicken Potstickers Soy Sauce Steamed Carrots Cinnamon Peaches	28 <i>Cheerios Bowl</i> String Cheese Dried Apples Fresh Orange Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked French Fries Fruit Cup	29 <i>Mini Bagels</i> w/Strawberry Cream Cheese 100% Juice Applesauce Cup Red Chicken Tamales Cheddar Cheese, Salsa Refried Beans Fresh Banana	30 <i>Cinnamon Roll</i> Dried Fruit Fresh Banana Chicken Parm Sandwich Marinara, Mozzarella Wheat Bun Steamed Broccoli Fresh Apple	31 No School

***This institution is an equal opportunity provider.**

****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.**

*****This menu is subject to change based on item availability**

******Shelf stable meal kits available upon request.**

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.