

RFMA Uni NOVEMBER MENU

2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <i>Banana Bread</i> <i>Vanilla Yogurt</i> <i>100% Juice</i> <i>Applesauce Cup</i> Mini Cheese Pizzabolis Marinara Dipping Sauce Steamed Peas Seasonal Fruit
4 <i>Breakfast Bar A</i> <i>100% Juice</i> <i>Fresh Green Apple</i> Chicken Potstickers Soy Sauce Steamed Carrots Cinnamon Peaches	5 <i>Cheerios Bowl</i> <i>String Cheese</i> <i>Dried Apples</i> <i>Fresh Orange</i> Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked French Fries Fruit Cup	6 <i>Mini Bagels</i> <i>w/Strawberry Cream Cheese</i> <i>100% Juice</i> <i>Applesauce Cup</i> Red Chicken Tamales Cheddar Cheese, Salsa Refried Beans Fresh Banana	7 <i>Cinnamon Roll</i> <i>Dried Fruit</i> <i>Fresh Banana</i> Chicken Parm Sandwich Marinara, Mozzarella Wheat Bun Steamed Broccoli Fresh Apple	8 No School
11 <i>Breakfast Bar B</i> <i>100% Juice</i> <i>Fresh Apple</i> Breakfast Burrito Scrambled Eggs Cheddar Cheese, Salsa Hash Browns Blue Raspberry Sidekick	12 <i>Maple Waffle</i> <i>Dried Apples</i> <i>Fresh Orange</i> Chicken Nuggets Buttermilk Biscuit BBQ Sauce Steamed Carrots Green Apple	13 <i>Vanilla Yogurt</i> <i>Honey Granola</i> <i>100% Juice</i> <i>Sliced Peaches</i> Beef Meat Sauce Rotini Pasta Steamed Broccoli Cinnamon Peaches	14 <i>Banana Chocolate Chip</i> <i>Oatmeal Round</i> <i>Dried Fruit</i> <i>Fresh Banana</i> Chicken Fajitas Onions, Peppers Tortillas, Salsa Black Beans Orange Quarters	15 <i>Pumpkin Bread</i> <i>String Cheese</i> <i>100% Juice</i> <i>Applesauce Cup</i> Cheese Stuffed Breadsticks Marinara Dipping Sauce Mixed Veggies Cinnamon Apples
18 <i>Strawberry Cinnaboli</i> <i>100% Juice</i> <i>Fresh Apple</i> Turkey Hot Dog Wheat Bun, Ketchup Baked Beans Fruit Cup	19 <i>Cocoa Puffs Bowl</i> <i>Dried Apples</i> <i>Fresh Orange</i> Orange Chicken Brown Rice Steamed Carrots Cinnamon Apples	20 <i>Lemon Poppyseed Bread</i> <i>String Cheese</i> <i>100% Juice</i> <i>Fruit Cup</i> Meatballs in Marinara Garlic Knot Steamed Broccoli Fresh Banana	21 <i>Breakfast Bar A</i> <i>Dried Fruit</i> <i>Fresh Banana</i> Crispy Chicken Sandwich Wheat Bun Buffalo Sauce Steamed Corn Orange Quarters	22 <i>Banana Bread</i> <i>Vanilla Yogurt</i> <i>100% Juice</i> <i>Applesauce Cup</i> Ham & Cheese Sandwich Deli Ham Sliced Provolone Celery Sticks Ranch Dip Seasonal Fruit
25 No School	26 No School	27 No School	28 Thanksgiving Day	29 No School

