

What's the difference?

Often times bullying is overused.

Use this tool to assess whether or not behavior meets criteria for bullying.

TEASING

People could be having fun
Equal power*

**distinguish between bonding,
annoying, malicious*

CONFLICT

*No one is having fun
There is a disagreement
Parties want to resolve
Equal power*

RUDE/HOT MOMENTS

*Spontaneous, no forethought
Result of strong feeling or emotion
Isolated Event
Equal power*

BULLYING

*Someone is being harmed purposefully
Repeated over time
Imbalance of power*