

ALBURNETT COMMUNITY SCHOOLS

Home of the PIRATES

P.O. Box 400 • 131 Roosevelt Street, Alburnett, Iowa 52202

Dear Alburnett School Families,

As a follow up to yesterday's communication addressing the tragic events at Perry High School, we understand that this may be a challenging time for both you and your children. Based on follow up conversations with some parents and community members, we thought it would be beneficial to share some specific resources that offer guidance on talking to children about this sort of situation:

1. [Talking to Children About Violence: Tips for Families and Teachers](#)
 - National Association of School Psychologists
2. [Managing Strong Emotional Reactions to Traumatic Events: Tips for Families and Teachers](#)
 - National Association of School Psychologists
3. [What to say to kids when the news is scary](#)
 - NPR
4. [Talking with children about difficult things in the news](#)
 - Fred Rogers Institute
5. [Parent Guidelines for Helping Youth After the Recent Shooting](#)
 - The National Child Traumatic Stress Network
6. [Coping in the Aftermath of a Shooting](#)
 - American Counseling Association
7. [An Age-by-Age Guide to Talking to Children About Mass Shootings](#)
 - The New York Times

We hope these resources offer support and guidance as you navigate discussions with your children. Please remember that our school counselors and staff are available for any additional assistance or guidance you may need during this time.

Together, as a resilient community, we can provide the support and care needed to help our children navigate through challenging moments. Thank you for your ongoing partnership.

Best regards,



Will Dible
Superintendent,
Alburnett Community School District