

Explore Winter 2022-2023 Activities



Register Beginning Nov 9th at Noon



Harvey Park Recreation Center

2120 S Tennyson Wy. • (720) 865-0550
M-F: 9am-8:00pm / Sat: 9am-2pm / Sun: Closed

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION

Active Older Adults

DAY	TIME	DATE	ACTIVITY #
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50+ Functional Fit

Tu,Th	9:15-10:15 AM	year-round	80282
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Ages: 50+ Drop in class. FREE with membership

Line Dancing

M	10:00-11:00 AM	year-round	80875
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Ages: 50+ Drop in class. FREE with membership

Pickleball

Tu,Th	11:00 AM-1:00 PM	year-round	80381
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Ages: 50+ Drop in class. FREE with membership



Out of School Time

DAY	TIME	DATE	ACTIVITY #
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Family Cooking Class

Tu,Th	5:30-7:00 PM	11/08-11/17	81233
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Ages: 8-17 FREE with membership
Ages: 18+ \$15.50

MY Denver Activities

M-F	3:15-5:45 PM	01/04-05/26	81203
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Ages: 8-18 Drop in class. FREE with MY Denver Card

MY Denver Cricut Classes

W	4:15-5:15 PM	02/01-02/22	81170
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Ages: 8-18 Drop in class. FREE with MY Denver Card

MY Denver Karate

M,W	5:30-6:30 PM	year-round	81215
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Ages: 5-18 Drop in class. FREE with MY Denver Card

MY Denver Kids in the Kitchen

F	4:00-5:00 PM	01/13-02/24	81185
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Ages: 8-18 Drop in class. FREE with MY Denver Card

MY Denver Lego Robotics

W	4:15-5:15 PM	01/04-01/25	81192
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Ages: 8-12 Drop in class. FREE with MY Denver Card

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Visit the front desk at any recreation center to see if you are eligible.

Fitness & Wellness

DAY	TIME	DATE	ACTIVITY #
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Yogalates

F	10:00-11:00 AM	year-round	81131
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Ages: 15+ Drop in class. FREE with membership

See our full schedule of classes online at: DENVERGOV.ORG/FITNESS

PERSONAL TRAINING

Body fat/fitness assessments

Ages: 15+ \$15

Individual training: One-on-one 60 minute session with one of our Certified Personal Trainers.
Ages: 15+ 1 Session \$45

Nutrition Plan

Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.
Fee. \$45



Arts & Culture

DAY	TIME	DATE	ACTIVITY #
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Cookie Making

Th	4:30-6:00 PM	12/15	81961
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Ages: 7-12 \$5

DIY Leprechaun Trap

F	4:30-6:30 PM	03/10	81959
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Ages: 5-8 \$5

DIY Valentine Card Making

F	4:30-6:30 PM	02/10	81960
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Ages: 4-7 \$5



Outdoor Recreation

DAY	TIME	DATE	ACTIVITY #
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AOA Urban Wildlife and Nature Walk

F	9:00 AM-12:00 PM	03/10	81841
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Ages: 50-64 \$6.75
Ages: 65+ \$3.25

Learn to Ski & Ride

F	6:45 AM-6:30 PM	01/20	81795
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Ages: 7-17 \$30



Youth Sports

DAY	TIME	DATE	ACTIVITY #
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Cheerleading

Tu	4:30-5:30 PM	01/17-03/07	81310
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Ages: 5-14 \$30

YOUTH TEAM SPORTS

DAY	TIME	AGE	ACTIVITY #
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Co-Ed PeeWee Basketball

F	5:00-6:00 PM	Ages: 5-6	81436
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Sa 9:30-10:30 AM

Ages: 5-6 Dates: 1/4-2/25 \$40

Girls Basketball

Th	5:00-6:00 PM	Ages: 7-8	81494
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Sa 10:30-11:30 AM

W 4:30-5:30 PM Ages: 9-10 [81516](#)

F 4:45-5:45 PM

Tu 6:00-7:00 PM Ages: 11-12 [81460](#)

Th 5:45-6:45 PM

Ages: 7-8 Dates: 1/3-2/25 \$40

Ages: 9-14 Dates: 12/13-3/10 \$50

Boys Basketball

Th	6:15-7:15 PM	Ages: 7-8	81382
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Sa 11:45 AM-12:45 PM

M 4:30-5:30 PM Ages: 9-10 [81410](#)

F 6:00-7:00 PM

M 5:45-6:45 PM Ages: 11-12 [81326](#)

Th 4:30-5:30 PM

M,W 7:00-8:00 PM Ages: 13-14 [81349](#)

W 5:45-6:45 PM Ages: 15-17 [81365](#)

Sa 12:00-1:00 PM

Ages: 7-8 Dates: 1/4-2/25 \$40

Ages: 9-17 Dates: 12/12-3/11 \$50

View game schedules at: DENVERYOUTHSPORTS.ORG

Age Cutoff: January 15, 2023 for
5-6 Co-Ed PeeWee Basketball
7-14 Girls Basketball • 7-17 Boys Basketball

*Teams will practice 2x/week until games begin;
Once games begin, teams will practice 1x/week.

