

## Student and Community Counseling Center

UNIVERSITY OF COLORADO DENVER

Tivoli Student Union - Suite 454 - Auraria Campus Phone: 303-315-7270 www.ucdenver.edu/counselingcenter Open Monday - Friday -- Evening Hours Available

## Who We Are

We are staffed by psychologists, professional psychotherapists and advanced graduate level practicum students and interns.

Our services focus on helping clients learn, recognize and use their strengths and skills to solve problems and to enrich their quality of life. The counseling center uses a brief, goal directed, flexible counseling model. Each individual, couple or family is assured respect and confidentiality. We honor personal needs, beliefs, and multicultural contexts of our clients.



A strength based, holistic counseling center serving CU Denver students and the Denver-metro community

## **Clients & Services**

- CU Denver students
- Eligible DPS students and their families for \$10 a session
- Denver-metro community members sessions offered on a sliding scale

- Individual counseling for children, adolescents, adults
- Couple and family counseling
- · Life skills workshops
- Testing for learning disabilities

