

Helpful Community Resources

Colorado Crisis Services: 1-844-493-8255 | <https://coloradocrisisservices.org/>

Safe2Tell: 1-877-7233 | <https://safe2tell.org/>

Trevor Project: 1-866-488-7386 | <https://www.thetrevorproject.org/>

Teen Help Line: 310-855-4673 | <https://teenlineonline.org>

National Suicide Hotline: 1-800-273-8255 | <https://suicidepreventionlifeline.org/>

RAINN: 1-800-656-4673 | <https://www.rainn.org/>

Blue Bench: 303-329-9922 | <https://thebluebench.org/welcome.html>

SafeHouse Denver: 303-318-9989 | <https://safehouse-denver.org/>

Colorado Child Abuse Hotline: 1-844-CO-4-KIDS (264-5437) | <http://www.co4kids.org/>

Paramedic Emergency Medical Services: 911

Denver Non-Emergency Police Line: 720-913-6010 | <https://www.denvergov.org/content/denvergov/en.html>

Denver Health Medical Center: 303-436-6000 | <https://www.denverhealth.org/>

Denver Health School-Based Clinics - provide medical care & mental health treatment:
<https://www.denverhealth.org/services/school-based-health-centers/locations>

Mile High United Way - Community Resource Hotline: 211 | <https://unitedwaydenver.org/2-1-1/>

Planned Parenthood - STI & sexual health support: 1-800-230-PLAN (7526) |
<https://www.plannedparenthood.org/>

Denver Human Services - SNAP Food Assistance: 720-944-4DHS (4347) |
<https://www.denvergov.org/content/denvergov/en/denver-human-services/be-supported/food-cash-medical/food-assistance-SNAP.html>

Denver Human Services - Child care Assistance: 720-944-KIDS (5437) |
<https://www.denvergov.org/content/denvergov/en/denver-human-services/be-supported/child-care.html>

Hunger Free Colorado - food resources: 855-855-4626 |
<https://www.hungerfreecolorado.org/food-resource-hotline/>

Colorado Coalition for the Homeless - housing resources: <https://www.coloradocoalition.org/> | (303) 293-2217

Substance Abuse Counseling: 855.789.9197 |
<https://addictionresource.com/addiction-and-rehab-hotlines/colorado-numbers/>

Mental Health Counseling - Mental Health Center of Denver: <https://mhcd.org/>

Private mental health services -
Good Therapy <https://www.goodtherapy.org/> or Psychology Today
<https://www.psychologytoday.com/us/therapists>